

NO Marimba?

No Marimba was designed to utilize 4 mallet technique away from a keyboard percussion instrument.

4 Mallet Exercises

Justin Doute

How: Start at quarter note equals 60 and 80. Give yourself a slower and faster tempo.
The next day of practice increase BPM on metronome by 1 click. (so... 61 and 81)

Where: Can be played with any type of mallets on the floor, 4 pillows, 4 drum pads or 4-toms.
Just be creative and have fun.

Mallet #1=D Mallet #2=A Mallet #3=B Mallet #4=F

Relaxed, In Time ♩ = 120

2x Each Throughout

Singles

Stick Alternate

Check Stick height for clarity in sound

Mallet to Mallet

Double Stops

Down Up

Up-Down

Out-In

In-Out

One-Handed Roll
*Development

*Right Hand

*Left Hand

Combinations
Laterals

Chordal Stroke
Combinations

Double Notes

T-2-3-2-3

T-3-2-3-2

Arpeggiated

1-2-3-4-3-2

4-3-2-1-2-3

3-4-3-2-1-2

3-4-2-2-4-1

2-3-4-1-3-4

Marimba Flexibility

Shift through using scales with 3 combinations
(Mallets: 2+3.... 1+3 2+4) then Arpeggiate using 4 mallet pattern

Justin Doute'

Relaxed ♩ = 55-175

Marimba

Scale using either combination above

* scales always up to the 9th

Inverted pattern

4 "4 3 2 3 2 1"

"1 2 3 2 3 4" repeat pattern

2 3 4 1

2

3

4

Instructions: Although this is a simplified version of all keys one should think outside the box on this exercise.

SCALES with 2 mallets utilize concentrated mallets while holding 4 mallets immediately following the pattern with the arpeggio utilizes all 4 mallets and finally finishing with a spread voicing common in marimba performance. The idea is to challenge your mind to utilize all mallets and possibilities while smoothly moving up and down the marimba. Arpeggiations pose a problem and one must shift or sweep the arm to reach the respected pattern. For now it is advised to perform everything in the center of the bar. This exercise pattern is designed to have the student practice all 4 mallets with every single combination for any 4 mallet grip.

If Planned correctly in a major scales practice session one can perform the **combinations with:**

2+3 mallets for scales C,F,Bb,Eb
1+3 Mallets for scales Ab,Db,F#,B
2+4 Mallets for scales E,A,D,G

Practice first: moving around circle of 4ths with the following scales
 then alternate with circle of 5ths the next day

*MAJOR

*MINOR (natural, harmonic (#7), & Melodic...(#6th+7th up... natural 6+7th down)
 then Shift into pentatonic, blues, arabic and church modes as you see fit.